

Morning

**Avoca Breakfast of Scrambled Eggs with Pork Sausage, Smoked Bacon & Grilled Tomatoes served with toasted Avoca Brown Bread including Breakfast Tea or Coffee
£10.50**

Shakshuka with tomato, onion, red pepper, cumin, coriander and chickpeas topped with feta cheese and a poached egg, served with salad, charred sourdough, lemon yoghurt and dukkah £8.95

**Poached eggs, chargrilled sour dough, crushed avocado, roast plum tomato & rocket salad
£7.50
Served with Smoked Salmon £8.95**

**Scrambled Egg with Avoca Brown Toast & Roast Tomatoes £7.50
Served with Smoked Salmon £8.95**

Blueberry and buttermilk pancakes with macademia nuts, berry compote, crème fraiche and maple syrup £7.50

Basket of Avoca Toasted Breads with Jam & Marmalade from our Pantry Range £4.25

Power Porridge with Kilbeggan Oats, Cinnamon, Flax Seeds, Pecan Nuts, Honey & Bee Pollen £4.95

Bircher Museli with Greek Yoghurt, Blueberries, Coconut & Highbank Maple Syrup £4.25

Side Orders £3.50

Pork Sausages

Back Bacon

Scrambled Eggs

Poached Eggs

Smoked Salmon

Homemade Avoca Scone selection £2.50

Mixed Berry & Cinnamon

Apple & Date Scone

Traditional Plain Scone

Fruit Scone

Pear, Vanilla and Almond

All served with Avoca jam and cream

Cheese & Sundried Tomato with Cream Cheese & Sundried Tomato Chutney

Wifi Network- BTHUB3-2PK7

Password – 2534c7c343

For your convenience a 10% service charge will be added to tables of 6 or more.

AVOCA

Arthur street café

Drinks

Cafetière of coffee for 1	£2.30	Fresh orange juice	£2.50
Cafetière of coffee for 2	£4.40	Cranberry juice	£2.50
Americano	Reg £2.30 Lrg £2.75	Apple juice	£2.40
Cappuccino	Reg £2.45 Lrg £2.85	Elderflower pressé	£2.60
Soya cappuccino	Reg £2.45 Lrg £3.15	Mixed Berry pressé	£2.60
Espresso	£1.90	Aranciata sparkling orange	£2.35
Double espresso	£2.45	Fior Uisce water	Reg £1.85 Lrg £2.95
Mocha	£2.75	Coke/Diet coke/Sprite/diet Sprite	£2.35
Latté	Reg £2.45 Lrg £2.85		

Almond and Soya Milk alternatives available - please ask your server

Hot chocolate (with flake & marshmallows)	£2.80	<u>Smoothies:</u>	
Loose Leaf Tea	£2.40	Pineapple, coconut & banana	£2.95
Loose Leaf Herbal tea	£2.40	Mango & passion fruit	£2.95
Earl Grey, Oriental Sencha, Peppermint, Mango & Strawberry, Elderflower & Lemon		Strawberry & banana	£2.95
Pomegranate iced tea	£2.60		

Aperitif

Prosecco with raspberries or with a hint of elderflower £6.25

Jug of homemade lemonade still £6.25/ sparkling £6.25

Jug of elderflower or berry pressé with citrus fruits £6.25

Tuscan white bean and rosemary soup with olive oil croutons, herbs gremolata and sourdough £5.50

Homemade Ewings Seafood Chowder with leeks, fresh herbs and Avoca Brown Bread £8.50

Duck Liver Parfait with pear chutney and toasted sourdough £8.25

Warm Chorizo, rocket and baby potatoes, smoked paprika, caramelised onions, sticky balsamic & manchego cheese £11.95

Power bowl, broccoli & cauliflower tabbouleh, black quinoa, kale, grilled butternut squash, pomegranate, heirloom carrots, labneh yoghurt & dukkha £11.95

Slow braised pork, fennel and tomato ragu, bucatini pasta, confit tomatoes, shaved pecorino & torn basil £12.50

Confit Duck leg salad, pickled red cabbage, black quinoa, feta cheese, chargrilled pears, candied pecan nuts £11.95

Dundrum bay Crab, Apple and celeriac remoulade, kohlrabi, cucumbers, grapefruit salad with spelt toast £11.95

Satay marinated Chicken Skewer, romesco, hummus, baba ganoush, baby kale salad & grilled flat bread £10.95

Fivemiletown goats cheese, cavolo nero, sweet potato & quinoa fritters, mezze boars with humus, romesco, babaganoush and grilled flatbread £12.50

Crispy Cod in beer batter with pea and bacon salad, skinny chips & tartare sauce £12.95

Avoca Beef burger, mature cheddar cheese, red onion marmalade, homemade gherkins, Brioche bun, skinny chips & horseradish mayo £12.95

Sides £3.95

Skinny fries with horseradish mayonnaise

Polenta & parmesan fries, confit garlic mayonnaise

Broccoli & Cauliflower Tabbouleh

Mixed Greens

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For your convenience a discretionary 10% Service charge will be added to tables of 6 or more.

Desserts £5.50

Baked plum & blackberry Crumble, warm custard, vanilla bean ice cream

Rhubarb & orange Crème brulee, gingernut biscuits

Spiced Apple and berry trifle with Chantilly cream

Chocolate & peanut butter cheese cake with caramel ice cream

Selection of ice creams and sorbets

Selection of mini desserts £6.95

Mini desserts £2.95

Mini berry trifle

Mini Choc Mousse

Mini cheesecake

Avoca Scones £2.50

Date and Apple

Mixed berry & cinnamon

Sun-dried tomato & cheddar cheese

Pear, Vanilla and Almond

Plain or Fruit

Served with cream, butter and Avoca Pantry preserves.

Drinks

Cafetière of coffee for 1		£2.30	Fresh orange juice	£2.40
Cafetière of coffee for 2		£4.50	Cranberry juice	£2.20
Americano	Reg £2.30	Lrg£2.75	Apple juice	£2.30
Cappuccino	Reg £2.45	Lrg£2.75	Appletizer	£2.40
Macchiato		£2.45	Elderflower pressé	£2.50
Soya cappuccino	Reg £2.45	Lrg£3.05	Berry pressé	£2.50
Espresso		£1.90		
Double espresso		£2.35	Fior Uisce water	Reg £1.95 Lrg £3.25
Mocha		£2.75	Coke/Diet coke/Sprite/diet Sprite	£2.35
Flavoured Syrup (ask your Server)		60p		
Latté	Reg £2.45	Lrg £2.85	Aranciata sparkling orange	£2.35
Hot chocolate		£2.80		
(with flake & marshmallows)			<u>Smoothies:</u>	
Loose Leaf Breakfast Tea		£2.40	Pineapple, coconut & banana	£2.95
Loose Leaf Herbal Tea		£2.40	Mango & passion fruit	£2.95
Earl Grey, Oriental Sencha, Peppermint			Strawberry & banana	£2.95
Mango & Strawberry, Elderflower & Lemon				
Acai Berry & Green iced tea		£2.60	Almond & Soya Milk also available for tea and coffee – prices on request!	
Lemon iced tea		£2.60	Extra shot of coffee 0.50	
Pomegranate iced tea		£2.60		

Aperitif

Prosecco with raspberries or with a hint of elderflower £6.25

Jug of homemade lemonade still £6.25/ sparkling £6.25

Jug of elderflower or berry pressé with citrus fruits £6.25

Avoca Breakfast of Free Range Scrambled Egg with Pork Sausage, Bacon & Grilled Tomatoes served with Avoca Brown Bread including Breakfast Tea or Coffee £10.50

Tuscan white bean and rosemary soup with olive oil croutons, herbs gremolata and sourdough £5.50

Homemade Ewings Seafood Chowder with leeks, fresh herbs and Avoca Brown Bread £8.50

Duck Liver Parfait with pear chutney and toasted sourdough £8.25

Warm Chorizo, rocket and baby potatoes, smoked paprika, caramelised onions, sticky balsamic & manchego cheese £11.95

Power bowl, broccoli & cauliflower tabbouleh, black quinoa, kale, grilled butternut squash, pomegranate, heirloom carrots, labneh yoghurt & dukkha £11.95

Slow braised pork, fennel and tomato ragu, bucatini pasta, confit tomatoes, shaved pecorino & torn basil £12.50

Confit Duck leg salad, pickled red cabbage, black quinoa, feta cheese, chargrilled pears, candied pecan nuts £11.95

Dundrum bay Crab, Apple and celeriac remoulade, kohlrabi, cucumbers, grapefruit salad with spelt toast £11.95

Satay marinated Chicken Skewer, romesco, hummus, baba ganoush, baby kale salad & grilled flat bread £10.95

Fivemiletown goats cheese, cavolo nero, sweet potato & quinoa fritters, mezze boars with humus, romesco, babaganoush and grilled flatbread £12.50

Crispy Cod in beer batter with pea and bacon salad, skinny chips & tartare sauce £12.95

Avoca Beef burger, mature cheddar cheese, red onion marmalade, homemade gherkins, Brioche bun, skinny chips & horseradish mayo £12.95

Sides £3.95

Skinny fries with horseradish mayonnaise

Polenta & parmesan fries, confit garlic mayonnaise

Broccoli & Cauliflower Tabbouleh

Mixed Greens

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Rhubarb & orange Crème brulee, gingernut biscuits

Spiced Apple and berry trifle with Chantilly cream

Chocolate & peanut butter cheese cake with caramel ice cream

Selection of ice creams and sorbets

Selection of mini desserts £6.95

Mini desserts £2.95

Mini berry trifle
Mini Choc Mousse
Mini cheesecake

Avoca Scones £2.50

Date and Apple
Mixed berry & cinnamon
Sun-dried tomato & cheddar cheese
Pear, Vanilla and Almond
Plain or Fruit
Served with cream, butter and Avoca Pantry preserves.

Drinks

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Espresso		£1.90		
Double espresso		£2.35	Fior Uisce water	Reg £1.95 Lrg £3.25
Mocha		£2.75	Coke/Diet coke/Sprite/diet Sprite	£2.35
Flavoured Syrup (ask your Server)		60p		
Latté	Reg £2.45	Lrg £2.85	Aranciata sparkling orange	£2.35
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			<u>Smoothies:</u>	
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Loose Leaf Herbal Tea		£2.40	Mango & passion fruit	£2.95
Earl Grey, Oriental Sencha, Peppermint			Strawberry & banana	£2.95
Mango & Strawberry, Elderflower & Lemon				
Acai Berry & Green iced tea		£2.60	Almond & Soya Milk also available for tea and coffee – prices on request!	
Lemon iced tea		£2.60	Extra shot of coffee 0.50	
Pomegranate iced tea		£2.60		

Gluten friendly menu
(made with non gluten
containing ingredients)

Aperitif

Gluten Free Peroni Beer £3.85

Prosecco with raspberries or with a hint of elderflower £6.25

Jug of homemade lemonade still £6.25/ sparkling £6.25

Jug of Elderflower or Berry pressé with mixed berries £6.25

Gluten Free Tuscan white bean and rosemary soup served with gluten free bread £5.50

Duck Liver Parfait with pear chutney and gluten free toast £8.25

Confit Duck leg salad, pickled red cabbage, black quinoa, feta cheese, chargrilled pears, candid pecans £11.95

Dundrum Bay Crab Salad served on gluten free toast with celeriac remoulade, kohlrabi, cucumbers and grapefruit salad £11.95

Power Bowl, broccoli & cauliflower tabbouleh, black quinoa, kale, grilled sweet potato, pomegranate, heirloom carrots, labneh yoghurt & dukkah £11.95

Satay marinated Chicken Skewer, romesco, hummus, baba ganoush, baby kale salad and gluten free bread £10.95

Sides £3.95

Broccoli & Cauliflower Tabbouleh

Mixed Greens

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Avoca

Kids Menu

Main course, drink & dessert £7.95

Main course only £6.25

INNOCENT SMOOTHIES & JUICES

Peach & Passionfruit

Orange, Mango & Pineapple

Strawberry, Blackberry & Raspberry

Freshly Squeezed Orange Juice

Freshly Squeezed Apple Juice

MAINS

Battered cod Goujons with French Fries

Sausages & Skinny Chips

Baked Lasagne with Salad

TREAT FOR AFTER YOUR LUNCH

Chocolate chip cookie ice cream sandwich

Warm chocolate brownie with vanilla ice cream

Mars Rice Krispie or Cookie