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| Avoca Breakfast | €17.95 |
| Bacon, Sausage, O'Neill's White & Black Pudding, Scrambled Eggs, Roast Tomato, Spelt & Honey Toast (Contains: 1a, 1b, 3, 6, 7, 10, 11, 12, 13) | |
| Avoca Vegan Breakfast | €15.95 |
| Sautéed Mushrooms & Potatoes, Crushed Avocado, Grilled Tomato, Spicy Baked Beans, Sourdough Toast (Contains: 1a, 1d) | |
| Blueberry & Lemon Buttermilk Pancakes | €15.95 |
| with Macadamia Nut Praline, Berries & Maple Syrup (Contains: 3, 7, 8e) | |
| Avocado Toast | €15.50 |
| Poached Eggs, Crushed Avocado, Confit Tomato, Sourdough Toast (Contains: 1a, 1d, 3, 10, 12) | |
| Chorizo Scramble | €14.50 |
| Chorizo sausage, Scrambled Egg, Crushed Avocado, Sourdough Toast (Contains: 1a, 1d, 3, 7, 10) | |
| Baked Egg Shakshuka | €15.50 |
| Sourdough Toast (Contains: 1, 3, 7, 8d, 10, 11, 12) | |
| Avoca Porridge | €10.95 |
| Berries, Maple, Muscovado, Bee Pollen & Seeds, Honey (Contains: 1c, 7, 11) | |
| Super Berry Granola | €12.50 |
| Served with greek yoghurt, mixed berry compote & honey (Contains: 1c, 7, 8b, 8h) | |
| Avoca Toast | €5.95 |
| Selection of Avoca Toasted Breads (Contains: 1a, 1b, 1d, 3, 6, 7, 11, 12) | |

SIDES

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| Breakfast sausages | €4.95 |
| Eggs, poached or scrambled | €4.95 |
| Irish Back Bacon | €4.95 |
| Tomato | €2.95 |
| Black Pudding | €4.95 |
| White Pudding | €4.95 |
| Bailey & Kish Smoked Salmon | €7.50 |
| Avocado | €4.95 |
| Field Mushrooms | €4.65 |

TEA & COFFEE

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| Breakfast Tea | €3.20 |
| Americano | €4.30/€4.40 |
| Cappuccino or Latte | €4.35/€4.55 |
| Matcha Latte | €4.55 |
| Chai Latte | €4.55 |
| Flat White | €4.40 |
| Espresso | €3.55/€4.30 |
| Hot Chocolate | €4.10 |

Allergen Information

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| 1. Cereals containing gluten: | 3. Eggs | 7. Milk | 8e. Macadamia | 9. Celery | 13. Lupin |
| 1a. Wheat 1b. Barley | 4. Fish | 8. Nuts: | 8f. Pecan | 10. Mustard | 14. Molluscs |
| 1c. Oats 1d. Rye | 5. Peanuts | 8a. Hazelnuts 8b. Almonds | 8g. Walnut | 11. Sesame seed | |
| 2. Crustaceans | 6. Soya bean | 8c. Pistachio 8d. Cashew | 8h. Brazil nut | 12. Sulphur dioxide & sulphites | |

A service charge of 10% applies to tables of 6 or more.

All our beef is sourced from Irish farms. If you have any allergies, please inform a member of staff. Please note that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.

Served from 12:15pm to 3:15pm weekdays
12:15pm to 4:00pm weekends

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| Avoca Soup of the Day Homemade Brown Bread <i>(Contains: 1a, 7, subject to change)</i> | €9.95 |
| Thai Fishcake Asian slaw, nam jim dressing <i>(Contains: 1a, 2, 3, 4, 6, 7, 12)</i> | €14.95 |
| Irish Goat's Cheese Salad Roasted beetroot, pear, candied walnuts <i>(Contains: 7, 8g, 10, 12)</i> | €15.95 |
| Avoca Crab Salad Celeriac & apple remoulade, avocado, pickled cucumber, pink grapefruit, wholegrain aioli, Avoca brown bread <i>(Contains: 1a, 2, 3, 7, 10, 12)</i> | Starter €14.95 / Main €20.95 |
| Fresh Prawn Tacos Crushed Avocado, Pineapple Salsa, Basil Aioli <i>(Contains: 1a, 2, 3, 10, 12)</i> | €15.95 |
| Confit Duck Salad Baby kale, pickled red cabbage, feta, pomegranate, dukkah <i>(Contains: 7, 8d, 10, 11, 12)</i> | €17.95 |
| Avoca Good Mood Chilli Our plant based chilli, grilled soft tortillas, guacamole & pico de gallo <i>(Contains: 1a, 1b, 10, 12)</i> | €17.95 |
| Pan-fried Irish Cod Confit baby potatoes, buttered kale & samphire, butternut squash puree, spiced dukkah <i>(Contains: 4, 7, 8d, 11)</i> | €22.95 |
| Prawn Pappardelle Roast tomato & garlic, shaved parmesan, rocket <i>(Contains: 1a, 2, 3, 7, 12)</i> | €18.95 |
| Firecracker Chicken Burger Crispy firecracker thighs, brioche bun, crushed avocado, baby gem, mint & lime crème fraiche, rosemary fries <i>(Contains: 1a, 1b, 3, 6, 7, 10, 11, 12)</i> | €21.95 |
| Braised Irish Beef Cheek Caramelised onion puree, creamy mash, maple glazed baby carrots and red wine jus <i>(Contains: 7, 9, 12)</i> | €21.95 |
| Avoca Beef Burger 8oz beef burger, brioche bun, Mic's Chilli BBQ sauce, smoked Knockanore cheddar, housemade pickles, crispy fried onions, rosemary fries <i>(Contains: 1a, 1b, 3, 6, 7, 10, 11, 12)</i> | €22.95 |

SIDES

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| Creamy Mashed Potato <i>(Contains: 7)</i> | €6.95 |
| French Fries with Rosemary Salt | €6.95 |
| Mixed leaf & pickled vegetable salad <i>(Contains: 10, 11)</i> | €6.50 |
| Tenderstem broccoli, chilli & garlic butter <i>(Contains: 7)</i> | €6.95 |

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