

BREAKFAST MENU

9am - 11.30am

Avoca full Irish	€17.95
<i>Grilled bacon, jumbo sausage, free ranged poached egg, black pudding, roasted tomato, grilled sourdough (1a,1c,1d,6,7,10,12)</i>	
Avocado, poached eggs	€15.50
<i>Smashed avocado, free range poached eggs, roasted tomato, grilled sourdough (1d,3,12)</i>	
Organic smoked salmon, poached eggs.	€15.95
<i>Free range poached eggs, old mild bank organic smoked salmon, grilled sourdough (1d,3,4)</i>	
Field mushroom, poached eggs.	€15.95
<i>Creamy field mushrooms, free range poached eggs, grilled sourdough, pangritata. (1a,1d,3,7,10,12)</i>	
Apple and blackberry French toast	€16.50
<i>Golden brioche French toast, vanilla mascarpone, blackberry and apple compote maple syrup, crumble (1a,3,7)</i>	

DRINKS

Breakfast Tea	€3.10	Press Berry Boost Juice	€3.95
Earl Grey Tea	€3.30	Press Super Ginger Juice	€3.95
Sencha Green Tea	€3.25	Press Sweet Greens Juice	€3.95
Rooibos & Blood Orange Infusion	€3.30	Press Triple Berry Smoothie	€3.95
Chamomile Infusion	€3.25	Press Golden Glow Smoothie	€3.95
Organic Mint Infusion	€3.30	Press Morning Greens Smoothie	€3.95
Bewley's Fruit Infusions	€3.30		
Americano	€4.30 / €4.70		
Cappuccino	€4.45 / €4.95		
Latte	€4.45 / €4.95		
Flat White	€4.30		
Mocha	€4.50		
Espresso	€3.45 / €4.20		
Macchiato	€4.00		
Hot Chocolate	€4.00		

Allergen Information

Contains allergen:

1. Cereals containing gluten:	3. Eggs	7. Milk	8e. Macadamia	9. Celery	13. Lupin
1a. Wheat 1b. Barley	4. Fish	8. Nuts:	8f. Pecan	10. Mustard	14. Molluscs
1c. Oats 1d. Rye	5. Peanuts	8a. Hazelnuts 8b. Almonds	8g. Walnut	11. Sesame seed	
2. Crustaceans	6. Soya bean	8c. Pistachio 8d. Cashew	8h. Brazil nut	12. Sulphur dioxide & sulphites	

Please note that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment & surroundings.

LUNCH MENU

12pm - 5pm

egg

SMALL PLATES

Smoked nuts (8)	5
Marinated mixed olives	5
Mini Antipasti bites, cured meats, cheese, pickles. (7,12)	5
Mushroom Arancini, truffle aioli, parmesan. (1a,3,7,10)	5
Avoca sourdough, dipping oil. (1a,12)	5
Grazing board, choice of 3	14

LARGE PLATES

Pear and chicory tartlet, blue cheese bon bon, candied walnuts. (1a,3,7,8,9,10)	19
Buffalo burrata, heirloom tomato and panzanella salad, tomato consommé, basil oil	20
Roast chicken supreme, wild garlic and sun dried tomato orzo, wilted baby spinach, parmesan tuile. (1a,7,12)	22
Grilled Prawn & Pineapple skewer, fragrant coconut rice, yuzu miso dressing. (2,6,12)	21
Beef tagliata, grilled flank steak, chimichurri, rocket and lambs leaf salad, confit tomatoes, new season asparagus, crispy shallots. (1a,7,12)	25
Baked cod, salsa criolla, crispy potatoes, herb oil. (4,12)	23
Grilled Irish lamb burger, baby gem, beef tomato, tzatziki, picked red onion, rustic fries, harissa mayo. (1a,1b,3,7,10,12)	22

SIDES

Rustic fries, ketchup. (9)	6
Halloumi Fries, harissa mayo. (1a,3,7,10)	7
Rocket, parmesan salad. (7,10,12)	6

DESSERTS

Irish rhubarb and vanilla. (7)	10
Mango, coconut, lime and meringue. (3,7)	10
Chocolate and orange. (1a,3,6,7)	10

MID WEEK MEAL DEAL

MAIN AND DESSERT 30

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CHILDREN'S MENU

MAINS

Fresh spaghetti and meatballs.	9.95
Hamburger and chips.	9.95
Roast chicken breast, tender-stem broccoli, mash potato.	12.95
Fillet of salmon, mini roast potato's, carrot puree.	12.95

DESSERTS

Meringue and fresh berries.	3.95
Chocolate brownie.	3.95
Cupcake.	3.95

DRINKS

Kids' smoothie.	2.95
Fresh orange.	3.95
Avoca rosette apple juice.	3.95
Coca-cola.	3.75
Diet coke.	3.50
Berry boost juice.	3.95
Berry bliss smoothie.	3.95

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