

BREAKFAST

AVOCA BEST EVER GRANOLA	€11.50
Greek yoghurt, mixed berry compote, fresh berries, honey (Contains: 1a, 7, 8b, 8h, 11, 12)	
BLUEBERRY, BUTTERMILK & LEMON PANCAKES	€15.95
Fruit compote, Greek yoghurt, macadamia praline, maple syrup (Contains: 3, 7, 8e)	
FIELD MUSHROOMS & POACHED EGGS	€16.95
Creamy field mushrooms, free-range poached eggs, grilled sourdough, pangritata (Contains: 1a, 1d, 3, 7, 10, 12)	
POACHED EGGS & AVOCADO	€15.50
Free-range poached eggs, crushed avocado, roasted tomato, grilled sourdough (Contains: 1a, 1d, 3, 10, 12)	
AVOCA FULL BREAKFAST	€17.95
Grilled bacon, jumbo sausages, black pudding, roasted mushroom & tomato, free-range poached eggs, grilled sourdough (Contains: 1a, 1c, 1d, 6, 7, 10, 12)	
AVOCA VEGAN BREAKFAST	€15.95
Sautéed mushrooms & potatoes, crushed avocado, grilled tomato, spicy baked beans, grilled sourdough (Contains: 1a, 1d, 10, 12)	
AVOCA SCONES	€4.50
Fruit/Plain/Berry and Cinnamon/ Pear & almond (Contains: 1a, 3, 7, 8b, 12) Served with freshly whipped cream, raspberry jam & butter Please ask server for available selection	

SIDES

Grilled bacon	€4.95
Poached Eggs (Contains: 3)	€4.95
Sausages (Contains: 1a)	€4.95
Crushed Avocado	€4.95

Allergen Information

1. Cereals containing gluten:	3. Eggs	7. Milk	8e. Macadamia	9. Celery	13. Lupin
1a. Wheat 1b. Barley	4. Fish	8. Nuts:	8f. Pecan	10. Mustard	14. Molluscs
1c. Oats 1d. Rye	5. Peanuts	8a. Hazelnuts 8b. Almonds	8g. Walnut	11. Sesame seed	
2. Crustaceans	6. Soya bean	8c. Pistachio 8d. Cashew	8h. Brazil nut	12. Sulphur dioxide & sulphites	

BRUNCH

Soup of the day Served with Avoca brown bread (<i>Contains: 1a, 7, subject to change</i>)	€9.50
Blueberry & Lemon Pancakes Fruit compote, Greek yoghurt, macadamia praline, maple syrup (<i>Contains: 3, 7, 8e</i>)	€15.95
Field Mushrooms & Poached Eggs Creamy field mushrooms, free-range poached eggs, grilled sourdough, pangritata (<i>Contains: 1a, 1d, 3, 7, 10, 12</i>)	€16.95
Avoca Full Irish Grilled bacon, jumbo sausages, black pudding, roasted mushroom & tomato, free-range poached eggs, grilled sourdough (<i>Contains: 1a, 1c, 1d, 6, 7, 10, 12</i>)	€17.95
Thai Fishcake & Asian Slaw Nam jim dressing (<i>Contains: 1a, 2, 3, 4, 6, 7, 12</i>)	€14.95
Confit Duck Salad Baby kale, black quinoa, pickled red cabbage, feta, pomegranate, blackberries, dukkah (<i>Contains: 7, 8d, 10, 11, 12</i>)	€17.95
Avoca Good Mood Chilli Our plant based chilli, grilled soft tortillas, guacamole, pico de gallo (<i>Contains: 1a, 1b, 10, 12</i>)	€17.95
Malaysian Chicken & Snap Pea Satay Chilli & peanut dressed noodles (<i>Contains: 1a, 5, 6, 8d, 10, 11</i>)	€18.95
Firecracker Chicken Burger Crispy firecracker chicken thighs, brioche bun, baby gem, crushed avocado, mint & lime crème fraîche, rosemary fries (<i>Contains: 1a, 1b, 3, 6, 7, 10, 11, 12</i>)	€21.95
Ballyhenry Organic BBQ Beef Burger Organic Ballyhenry beef burger, Mic's chilli BBQ sauce, gherkins, Knockanore oak smoked cheese, crispy fried onions, baby gem, brioche bun, fries (<i>Contains: 1a, 1b, 3, 6, 7, 10, 11, 12</i>)	€22.95

SIDES

Fries with rosemary Maldon sea salt	€6.95
Sweet potato fries, firecracker mayo (<i>Contains: 1a, 3, 6, 10</i>)	€6.95
Mixed leaf & pickled vegetable salad (<i>Contains: 10, 12</i>)	€6.50
Grilled bacon	€4.95
Poached Eggs (<i>Contains: 3</i>)	€4.95
Sausages (<i>Contains: 1a</i>)	€4.95
Crushed Avocado	€4.95

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Please note that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment & surroundings.