

AVOCA

AT HOME CATERING



FROM OUR KITCHEN TO YOURS

Avoca at Home: Take-out Catering

From our kitchen to yours

Take the stress out of dinner parties, family gatherings and business lunches with our Avoca at Home: Take-out Catering service. All you need to do is place your order at the Avoca store you'd like to collect from.

To ensure we can accommodate your order, please book no less than 4 days in advance.

Please make us aware of any dietary or allergen requirements that you may have so we can try our best to accommodate you.

For menu suggestions or advice on quantities, feel free to ask us - we will be happy to help.

Please note, menu items are chilled at the time of collection and some dishes require heating up at home.

The minimum take-out catering order is 6 portions.

Some of our products may contain the following allergens:

***ALLERGEN KEY**

1 Cereals Containing Gluten

2 Crustaceans

3 Eggs

4 Fish

5 Peanuts

6 Soybeans

7 Milk

8 Nuts

9 Celery

10 Mustard

11 Sesame Seeds

12 Sulphur Dioxide And Sulphites

13 Lupin

14 Molluscs

Please note, prices may be subject to change.

Menu Issue Date: Sept. 29th 2022



To Start

Start your feast as you mean to go on with your choice of freshly prepared starters & nibbles

Avoca Dips

(Serving portion ranging from 200-300ml)

AVOCA HUMMUS €3.95 *Contains: 11

FRESH BASIL PESTO €6.95 *Contains: 3, 7

FRESH SUN-DRIED TOMATO PESTO €6.95 *Contains: 3, 7, 12 & Sulphites

HOMEMADE TARTAR SAUCE €3.25 *Contains: 3, 10, 12

ZESTY NAM JIM DRESSING €3.95 *Contains: 1 (Wheat), 4, 6, 11

KALAMATA OLIVE TAPENADE €5.55 *Contains: 4, 12

Breads Freshly Baked In-Store

There's no better welcome than the smell of fresh baking

BAGUETTE €3.40 *Contains: 1 (wheat), 6

RYE SOURDOUGH €4.80 *Contains: 1 (wheat, rye)

CHEESE BREAD €4.95 *Contains: 1 (wheat), 6, 7

HONEY AND SPELT €4.45 *Contains: 1 (wheat, barley, spelt), 3, 6, 7, 11, 13

FOCACCIA €5.45 *Contains: 1 (wheat), 6, 7

PAIN AU LEVAIN €4.60 *Contains: 1 (wheat, rye)

MULTI SEED €4.95 *Contains: 1 (wheat), 3, 7, 11

BROWN BREAD €4.30 *Contains: 1 (wheat), 3, 7, 11, 12

WHITE SODA BREAD €4.15 *Contains: 1 (wheat), 7



Our Seafood Chowder is a much-loved favourite

Avoca Soup Selection

Our soups are made from the freshest seasonal ingredients,

Portion size serves 2

VEGETABLE SOUP Serves 2 €8.50 **Contains: 7, 9, 12*

An absolute Avoca classic, still one of our most requested recipes and we couldn't agree more! Irish root vegetables effortlessly transformed into a creamy bowl of deliciousness.

SLOW ROAST TOMATO AND BASIL SOUP Serves 2 €8.50 **Contains: No allergens*

We are inspired by the freshness of tomatoes and their sweet roasted flavours. Our chefs add a splash of extra virgin olive oil and fresh basil leaves to finish off this classic comforting soup.

MINISTRONE SOUP Serves 2 €8.50 **Contains: 1 (Wheat), 3, 6, 7, 9*

An abundance of fresh vegetables and herbs, delicately simmered in our fresh tomato and Grana Padano broth. An Italian favourite that we suggest serving with Avoca's crusty baguette and extra grated parmesan cheese.

ROASTED CHICKEN BROTH Serves 2 €8.50 **Contains: 1 (Wheat), 9 Celery*

A light and deeply satisfying broth made with freshly roasted chicken stock, hand pulled chicken, vegetables and fresh herbs. A hint of turmeric for an amazing medicinal boost creates the most comforting, healthy and delicious soup.

SEAFOOD CHOWDER Serves 2 €13.95 **Contains: 1 (Wheat), 4, 7, 9, 12,*

Our classic seafood chowder is a delicious creamy soup, using sustainably sourced fresh and smoked fish. Simmered with white wine, fresh dill and lemon, we recommend serving with our Avoca brown bread.

If you'd like to order a different soup than those listed above, or if you'd like to order in larger quantities, please contact one of our Food Market managers.

For Mains

Nothing brings people together like good food

Beef

Our team have searched the country to source the best 100% Irish beef

BEEF BOURGIGNON **Contains: 9, 12*

Serves 6 €39.95 or 12 €79.95

Our rich Beef bourguignon is simmered in red wine with smoky bacon, pearl onion and mushrooms.

BEEF LASAGNE **Contains: 1 Cereals (Wheat), 3, 7, 9, 12*

Serves 6 €39.95 or 12 €79.95

Fresh pasta sheets layered with our delicious bolognese sauce and creamy béchamel. Topped off with Grana Padano. Ready for you to make at home in your oven, until golden and bubbly.

BEEF STROGANOFF **Contains: 1 (Barley), 4, 7, 10, 12*

Serves 6 €39.95 or 12 €79.95

Stroganoff of beef, enriched with mushrooms, sweet Hungarian paprika, French brandy, crème fraîche and a hint of Dijon mustard.

BEEF AND GUINNESS **Contains: 1 (Barley), 9*

Serves 6 €41.95 or 12 €83.95

A quintessential Irish recipe with beef, Guinness, carrots, onions and bay leaves. We suggesting serving with Avoca creamy mash.

BEEF SUKKA CURRY **Contains: 12*

Serves 6 €41.95 or 12 €83.95

Our Great Taste Award Winning beef sukka is created from a recipe bursting with flavour. Simmered for hours with roasted spices, exotic saffron and creamy coconut. We suggest serving with basmati & wild rice.



All of your hearty favourites

Chicken

Whether served in a rich, creamy sauce or marinated with fragrant herbs and spices, there's a delicious chicken dish for everyone around the table

AVOCA'S FAMOUS CHICKEN AND BROCCOLI CRUMBLE **Contains: 1 (Wheat), 7*

Serves 6 €39.95 or 12 €79.95

Succulent breast of chicken combined with broccoli florets in a rich and velvety chicken velouté. Topped with a cheddar and herb breadcrumb crust. It continues to be Avoca's most popular family favourite.

SPICED INDIAN CHICKEN CURRY **Contains: 7, 10*

Serves 6 €39.95 or 12 €79.90

We only use whole roasted spices in our recipe and hand grind them to make our delicious curry sauce, using coconut milk and fresh coriander. We suggest serving with pilau rice or basmati & wild rice.

THAI GREEN CHICKEN CURRY **Contains: 2, 4*

Serves 6 €39.95 or 12 €79.95

Mild Thai green curry with fresh kaffir lime leaves, lemongrass and ginger finished with green beans, sweet potato, peppers, spinach, creamy coconut milk and fresh coriander. We suggest serving with pilau rice or basmati & wild rice.

ITALIAN CHICKEN **Contains: 3, 7, 10*

Serves 6 €39.95 or 12 €79.90

Our classic recipe; slowly simmered chicken breast with fresh Irish cream, Grana Padano cheese and fresh whole grain mustard.

MALAYSIAN CHICKEN SATAY WITH SNAP PEAS AND CASHEWS

**Contains: 1 (Wheat), 5 (Peanuts), 6, 8 (Cashews), 10*

Serves 6 €39.95 or 12 €79.95

Inspired by Asian flavours of Malaysia, our peanut satay sauce finished with fresh lime, fresh coriander, chilli, toasted cashew nuts and snap pea. We suggest serving with pilau rice or basmati & wild rice.

Fish

Choose from our delicious fresh or smoked fish dishes, or select a whole side of baked salmon with your choice of sauce

FISH PIE **Contains: 1 (Wheat), 4, 7, 9, 12*

Serves 6 €41.95 or 12 €83.95

Fresh salmon, hake and smoked coley are poached in our fresh fish stock, and then mixed with our creamy fish velouté, fresh chopped dill and lemon zest. Topped with creamy mashed potato.

FISHCAKES **Contains: 1 (Wheat), 3, 4, 10, 12*

Serves 6 €44.95 or 10 €74.95

Fresh salmon, hake and smoked coley mixed with potato, spring onions, fresh dill and lemon. Each fishcake is hand rolled in herb crumb. We suggest serving with our homemade tartare sauce, a wedge of lemon or lime.

SIDE OF FRESH SALMON **Contains: 4 Fish*

Serves 10-12, €78.95

Beautiful fresh side of salmon baked with your choice of sauce; classic lemon, dill and sea salt or sweet chilli. The perfect addition for any celebration. We suggest serving with Avoca's handmade tartar sauce or zesty nam jim dressing.



Veggie Dishes

Packed with fresh vegetables, grains & legumes, & flavoured with our hand-roasted ground spices & fresh herbs, these plant-based mains are brimming with goodness.

GOOD MOOD CHILLI **Contains: 1 (Wheat, Barley), 12*

Serves 6 €32.95 or 12 €64.95

Our wholesome chilli recipe will definitely hit the spot! We've used a selection of pulses and grains such as beluga and puy lentils, bulgur wheat, pearl barley and chickpeas. We suggest serving with a dollop of Greek yoghurt, fresh chunky guacamole and a good squeeze of lime!

Other Favourites

Dig in to some of our delicious Avoca alternatives

AUBERGINE MELLANZANA ALLA PARMIGIANA **Contains: 3, 7, 12*

Serves 6 €34.95 or 12 €69.95

A classic Italian dish, layered with aubergines, fresh tomato sauce, basil, Grana Padano and mozzarella.

SPINACH, RICOTTA AND PINE NUT CANNELLONI **Contains: 1 (Wheat), 3, 7*

Serves 6 €21.95 or 12 €69.95

Hand rolled cannelloni made with fresh spinach, ricotta, pine nuts, lemon zest and fresh herbs. Layered with creamy béchamel and topped with Grana Padano cheese. Ready for you to baked at home in your oven, until golden and bubbly.

BLACK BEAN, KALE, COCONUT AND SQUASH LAKSA **Contains: 12, 14*

Serves 6 €32.95 or 12 €64.95

Malaysian inspired coconut curry, fragrant with ginger, lemongrass and coriander. We suggest serving with basmati & wild rice or pilau rice. Garnish with fresh chillies, lime and coriander leaves for that extra kick!

VEGETABLE LASAGNE **Contains: 1 (Wheat), 3, 7*

Serves 6 €34.95 or 12 €69.95

This vegetable lasagne is packed with layers of flavour. Roasted Mediterranean vegetables in a fresh tomato and basil sauce, green béchamel and topped with Grana Padano.

THAI GREEN SWEET POTATO SNAP PEA CURRY **Contains: 2*

Serves 6 €32.95 or 12 €64.95

Avoca's mild green curry with kaffir lime leaves, lemongrass and fresh ginger. Creamy coconut milk and lime juice are added and simmered with sweet potato, peppers, sugar snaps and finished with fresh coriander. We suggest serving with basmati & wild rice.



New to our Food Market, our Vegetable Lasagne

Avoca Salads

Eating food grown close to home isn't a passing trend - it's a return to tradition

Salads

€17.95 per Kg

POTATO SALAD **Contains: 3, 7, 10, 12*

With classic mint and yoghurt dressing

RUBY SLAW WITH TOASTED SEEDS **Contains: 3, 7, 10, 11*

With grated beetroot and a blend of five toasted seeds for extra crunch

BROCCOLI HAZELNUT AND CHERRY TOMATO SALAD **Contains: 7, 8 Nuts (Hazelnuts), 10, 12*

Avoca classic with crunchy hazelnuts and Greek style semi-soft cheese

GREEN HERB AND EDAMAME COUSCOUS **Contains: 1 (wheat), 6, 9 (pistachio nuts)*

Layered with fresh herbs, pistachio nuts and wild rocket

PETITS POIS AND BABY SPINACH **Contains: 6, 7, 12*

With mint, sprouted beans and feta

QUINOA AND ROASTED BEETROOT **Contains: 12*

With caramelised balsamic onions

PASTA WITH SEMI SUN DRIED TOMATO PESTO **Contains: 1 (wheat), 3, 7, 12*

Pine nuts, Parmesan and fresh herbs

BULGUR, CRANBERRY AND ROCKET **Contains: 1 (wheat)*

Bulgur wheat dressed with cinnamon, cranberries and fragrant spices. Layered with rocket.

SESAME PEANUT NOODLE SALAD **Contains: 1 (wheat), 3, 5, 6, 11*

With bean sprouts, peppers and mangetout

CARROT AND SESAME SEED **Contains: 10, 11, 12*

Crunchy carrots in a mustard and honey dressing with fresh herbs and toasted sesame seeds

GIANT COUSCOUS, CHICKPEA, HERB AND ROASTED PEPPER SALAD

**Contains: 1 (Wheat), 12*

With a turmeric, cumin, coriander dressing and fresh coriander and parsley coriander and parsley





Wholesome food, perfect for sharing

Our Famous Quiches & Tarts

BAKED HAM, CARAMELISED LEEKS AND CHEDDAR QUICHE

**Contains: 1 (Wheat), 3, 7*

Serves 10-12 €44.95

Classic ham and cheddar quiche, always a family favourite.

SPINACH, HERB, PINE NUT AND GRUYÈRE CHEESE QUICHE

**Contains: 1 (Wheat), 3, 7*

Serves 10-12 €44.95

Fresh leafy greens, plenty of herbs, toasted pine nuts and three types of cheese. Delicious!

SMOKED SALMON, ASPARAGUS, DILL AND CREAM CHEESE QUICHE

**Contains: 1 (Wheat), 3, 4, 7*

Serves 10-12 €55.95

An elegant lightly smoked salmon quiche, beautifully prepared with asparagus, dill and herb cream cheese.

MEDITERRANEAN VEGETABLE AND BLACK OLIVE QUICHE

**Contains: 1 (Wheat), 3, 7*

Serves 10-12 €49.95

Roasted peppers, courgettes and aubergines with basil, parsley and kalamata black olives.

CARAMELISED ONION, GRUYÈRE AND GOATS CHEESE QUICHE

**Contains: 1 (Wheat), 3, 7, 12*

Serves 10-12 €49.50

Gorgeous tart made with sweet onion marmalade, three cheeses and fresh herbs.

SPINACH, BACON, ROASTED RED PEPPER AND ONION MARMALADE QUICHE

**Contains: 1 (Wheat), 3, 7*

Serves 10-12 €49.50

Buttered fresh spinach, roasted red pepper, crispy bacon lardons and red onion marmalade served in our savoury quiche base.

PIPERADE, GOATS CHEESE AND PESTO TART

**Contains: 1 (Wheat), 3, 7*

Serves 10-12 €44.95

Caramelised peppers, onions and garlic, layered with Avoca basil pesto, vine ripened plum tomatoes and goats cheese, garnished with slow roasted vine cherry tomatoes.

Avoca Heroes

Some of our best-loved Avoca classics

MUSTARD GLAZED WHOLE GAMMON HAM ON THE BONE **Contains: 10, 12*

Serves approx. 16-18 €86.95

An Avoca favourite! Whole gammon on the bone, slow cooked for 6 hours and coated in our Dijon mustard, sugar glaze and caramelized until golden. A show stopping addition to any feast. Hand carving available at an additional cost.

FRAGRANT LEMON AND THYME FREE RANGE CHICKEN, KALE AND COS CAESAR SALAD **Contains: 1 (wheat), 3, 4, 7, 10, 12*

Serves 10 €94.95

Chargrilled marinated free range chicken breasts, crunchy cos and kale salad platter with fragrant lemon and thyme. Served with creamy Caesar dressing, sourdough croutons and parmesan shavings.

CHARGRILLED ROSE HARISSA FREE RANGE CHICKEN PLATTER

**Contains: 1 (wheat), 7, 12*

Serves 10 €99.95

Free range chicken breasts, marinated with rose harissa, preserved lemon and herbs, served on a bed of quinoa, couscous, chargrilled squash and peppers with tzatziki. Garnished with rose petals and pomegranates. A stunning platter for entertaining.

CHEESE PLATTERS AND CHEESE WEDDING CAKE **Contains: 1 (wheat), 3, 7, 10, 12*

A selection of cheeses from our award winning cheese counters available in two formats. Either a tiered cheese tower, a stunning centrepiece to any celebration or an informal cheese board bursting with all of your favourites.

Can be served with crackers, grapes and fruit chutney.

Available to order from our in-house cheesemongers. Price on application. Please contact our cheese counter at Ballsbridge, Dunboyne, Kilmacanogue, Monkstown or Rathcoole to discuss your requirements.

CHARCUTERIE BOARD

Charcuterie boards can be made to order. Available from Avoca cheese counters, located at Ballsbridge, Dunboyne, Kilmacanogue, Monkstown or Rathcoole.



Avoca Sides Selection

Go the extra mile with our delicious range of side dishes

SEASONAL GREENS WITH BUTTER **Contains: 7 Milk*

Serves 6 €18.95 or 12 €36.95

RATATOUILLE WITH GOATS CHEESE AND BASIL CRUMBLE **Contains: 1 (Wheat), 7*

Serves 6 €18.95 or 12 €36.95

A classic French dish of aubergine, roasted peppers, courgettes and tomatoes topped with a basil and goat's cheese crumb.

SAFFRON PILAU RICE **Contains: No allergens*

Serves 6 €12.95 or 12 €25.00

BASMATI AND WILD RICE **Contains: No allergens*

Serves 6 €12.95 or 12 €25.50

Our potatoes are best in season, just ask us & we'd be happy to tell you more

ROASTED BABY POTATOES WITH GARLIC AND ROSEMARY **Contains: No allergens*

Serves 6 €17.95 or 12 €35.00

GRATIN POTATOES WITH GARLIC AND CHEDDAR **Contains: 7, 12*

Serves 6 €18.95 or 12 €41.95

CREAMY MASHED POTATOES **Contains: 7, 12*

Serves 6 €17.95 or 12 €24.95

COLCANNON MASH **Contains: 7, 12*

Serves 6 €17.95 or 12 €35.00

SPANISH POTATOES WITH CHORIZO **Contains: 7*

Serves 6 €20.95 or 12 €42.00



Desserts

Leaving the best til last, our selection of freshly baked desserts has something for every sort of sweet tooth

Tarts

All Desserts Serve 10-12

LEMON POLENTA AND ALMOND CAKE

**Contains: 3, 6, 7, 8 (Almonds)*

9" €31.95

SALTED CARAMEL AND CHOCOLATE TART

**Contains: 1 (Wheat), 3, 6, 7, 12*

10" €36.95

PEAR AND ALMOND FRANGIPANE

**Contains: 1 (Wheat), 3, 7, 8 (Almonds)*

10" €36.95

GLAZED MIXED BERRY FRANGIPANE

**Contains: 1 (Wheat), 3, 6, 7, 8 (Almonds)*

10" €39.95

Roulades

€32.95

CLASSIC AVOCA FRESH STRAWBERRY MERINGUE ROULADE

**Contains: 3, 8 Nuts (Almonds)*

BELGIAN CHOCOLATE, CREAM AND RASPBERRY ROULADE

**Contains: 3*



Naked Carrot & Pecan Layer Cake

Cakes & Cheesecakes

*We have award-winning cake-makers creating freshly baked cakes
& cheesecakes in our bakeries daily*

Cheesecakes

Serves 10-14

9"

BAKED RASPBERRY €42.00 **Contains: 1 (Wheat), 3, 6, 7*

CLASSIC BAKED VANILLA BEAN €42.00 **Contains: 1, 3, 6, 7*

ZESTY LEMON €42.00 **Contains: 1 (Wheat), 3, 6, 7*

Cakes

Serves 10-14

9"

LEMON CURD CAKE €32.95 **Contains: 1 (Wheat), 3, 6, 7*

COFFEE CAKE €32.50 **Contains: 1 (Wheat), 3, 6, 7, 8 (Almonds)*

VICTORIA SPONGE WITH BERRIES AND CREAM €32.50

**Contains: 1 (Wheat), 3, 6, 7*

CARROT CAKE €32.50 **Contains: 1 (Wheat), 3, 6, 7*

Celebration Cakes

RICE KRISPIE CELEBRATION CAKE 12" Square €79.95* *Contains: 1 (Barley), 3 Eggs, 6, 7*

MILK CHOCOLATE BISCUIT CAKE 10" Square €89.95 **Contains: 1 (Barley), 3, 6, 7*

BIRTHDAY NUMBERS RICE KRISPIE CAKE €37.95 for a single number, €75.00 for two numbers, with optional message
**Contains: 1 (Barley), 3, 6, 7*

CARROT AND WALNUT LAYER CAKE

€48.50 Serves 16-18

Triple-layer carrot and walnut cake with a fluffy cream cheese buttercream.

**Contains: 1 (Wheat), 8 (Almonds, Walnuts), 7, 3, 6*

CHOCOLATE, PRALINE FUDGE LAYER CAKE WITH DECADENT CHOCOLATE DRIP

€79.95 Serves 16-18

Triple layer chocolate fudge cake with a rich praline centre and Belgian chocolate drip. A dramatic chocolate lovers dream.

**Contains: 1 (Wheat), 3, 6, 7, 8 (Hazelnuts, Almonds)*

Please note for the layer cakes we require 4-days notice to make to order



Chocolate, Praline Fudge Layer Cake

Fine Wines

Our wine experts have selected a range of fine wines from all around the world. Perfectly paired with our delicious homemade meals, choose from our wonderful white, red & rosé wines, or even our very own sparkling prosecco!

White Wine

FAMILLE PERRIN LUBERON BLANC €15.95

DUQUESA DE VALLADOLID VERDEJO RUEDA €16.95

ZENATO LUGANA SAN BENEDETTO €24.95

FRAMINGHAM SAUVIGNON BLANC MARLBOROUGH NEW ZEALAND €24.95

Red Wine

MIRAVAL CÔTES DE PROVENCE ROSÉ €30.95

FAMILLE PERRIN VENTOUX ROUGE €15.95

DONNAFUGATA SHERAZADE NERO D AVOLA €23.95

DIRK NIEPOORT SEMPAR ALENTEJO €21.95

BLANK BOTTLE MASTER OF NONE €29.95

Prosecco & Rosé

AVOCA PROSECCO SPUMANTE EXTRA DRY TREVISO DOC €27.95

MIRAVAL CÔTES DE PROVENCE ROSÉ €30.95



Cheese Platters & Cheese Wedding Cakes

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4 Fish

5 Peanuts

6 Soybeans

7 Milk

8 Nuts

9 Celery

10 Mustard

11 Sesame Seeds

12 Sulphur Dioxide And Sulphites

13 Lupin

14 Molluscs

Please ask a Food Market manager if you have any concerns or need further clarification.

Placing your order

Please place your order at the Avoca store you would like to collect from:

AVOCA BALLSBRIDGE

01 691 6080

AVOCA DUNBOYNE

01 903 1200

AVOCA KILMACANOGUE

01 274 6900

AVOCA MALAHIDE

01 893 1900

AVOCA MONKSTOWN

01 202 0230

AVOCA MOUNT USHER GARDENS

0404 40205

AVOCA POWERSCOURT HOUSE

01 903 2116

AVOCA RATHCOOLE

01 257 1800

To ensure we can accommodate your choice, please order 4 days in advance.

Please make us aware of any dietary requirements.

For menu suggestions or advice on quantities, please ask a member of our team and we'll do our best to help.

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MINIMUM ORDER IS 6 PORTIONS

Please note, prices may be subject to change.

Menu Issue Date: Sept. 29th 2022

