

# BREAKFAST

<b>ORGANIC PORRIDGE</b>	<b>€10.95</b>
Almond milk, seeds, berries, pecans, bee pollen, cinnamon & honey (1c,8b,8f)	
<b>AVOCA BEST EVER GRANOLA</b>	<b>€12.50</b>
Winter berry compote, Greek yoghurt, honey (1a,7,8b,8h,11,12)	
<b>BLUEBERRY, BUTTERMILK &amp; LEMON PANCAKES</b>	<b>€15.95</b>
Fruit compote, Greek yoghurt, macadamia praline & maple syrup (3,7,8e)	
<b>FREE-RANGE SCRAMBLED EGG &amp; SAUSAGES</b>	<b>€15.50</b>
Roasted tomato, Avoca brown bread (1a,3,6,7,10,12)	
<b>CHILLI EGGS</b>	<b>€15.95</b>
Free-range poached eggs, halloumi cheese, chilli, avocado and dukkah on grilled sourdough (1a,3,7,8d,10,11,12)	
<b>EGGS BENEDICT</b>	<b>€15.95</b>
Toasted muffin, Avoca glazed ham, poached free-range eggs, hollandaise sauce (1a,3,7,10,12)	
<b>MILLBANK ORGANIC SMOKED SALMON &amp; LEMON RICOTTA</b>	<b>€16.50</b>
Whipped lemon ricotta, pomegranate, grilled sourdough (1a,4,7,10,12)	
<b>THE FULL MILL</b>	<b>€19.00</b>
Irish sausage & streaky bacon, poached free-range eggs, roasted cherry vine tomatoes, grilled mushroom, Dunnes of Wicklow black pudding, crispy hash, toasted sourdough (1a,1c,3,7,12)	
<b>AVOCA SCONES</b>	<b>€5.00</b>
With freshly whipped cream, raspberry jam, Irish butter Please ask your server for available selection (1a,3,7,8b,12)	
<b>SIDES</b>	
Bacon	€4.95
Sausage (1a,12)	€4.95
Poached or scrambled egg (3,7)	€4.95
Black pudding (1a,1c)	€4.95
Organic smoked salmon (4)	€7.50
Crushed avocado	€4.95
Sourdough toast (1a)	€2.95

All our beef is sourced from Irish farms. Please note there will be a 10% service charge on all tables of six or more people.

If you have any allergies, please inform a member of staff. Please note, that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.

#### Allergen Information

Contains allergen:

1. Cereals containing gluten:	3. Eggs	7. Milk	8e. Macadamia	9. Celery	13. Lupin
1a. Wheat 1b. Barley	4. Fish	8. Nuts:	8f. Pecan	10. Mustard	14. Molluscs
1c. Oats 1d. Rye	5. Peanuts	8a. Hazelnuts 8b. Almonds	8g. Walnut	11. Sesame seed	
2. Crustaceans	6. Soya bean	8c. Pistachio 8d. Cashew	8h. Brazil nut	12. Sulphur dioxide & sulphites	

# BRUNCH MENU

<b>EGGS BENEDICT</b>	€15.95
Toasted muffin, Avoca glazed ham, poached free-range eggs, hollandaise sauce. (1a,3,7,10,12)	
<b>CHILLI EGGS</b>	€15.95
Poached free-range eggs, grilled halloumi, chilli, avocado and dukkah on grilled sourdough. (1a,3,7,8d,10,11,12)	
<b>BLUEBERRY, BUTTERMILK &amp; LEMON PANCAKES</b>	€15.95
Fruit compote, Greek yoghurt, macadamia praline & maple syrup. (3,7,8e)	
<b>GOAT'S CHEESE, FIG &amp; PEAR SALAD</b>	€16.95
St Tola Goat's cheese, pear, beetroot, fig and walnuts. (7,8g,10,12)	
<b>LAMB KOFTA</b>	€17.50
Chickpea & preserved lemon cous cous, charred pita, pomegranate, tzatziki. (1a,7,10,12)	
<b>PRAWN TACOS</b>	€18.00
Marinated gambas, crushed avocado, mango & jalapeno salsa, tortillas. (1a,2,10,12)	
<b>CHICKEN CAPRESE CIABATTA</b>	€16.95
Grilled Irish chicken, buffalo mozzarella, basil & pine nut pesto, beef tomato, rocket, toasted ciabatta. (1a,7,10,12)	
<b>AVOCA CRAB SALAD</b>	€24.00
Lambay Island dressed white crab, toasted brioche, pickled fennel, pink grapefruit, apple, radish, mixed leaf. (1a,2,3,7,10,12)	
<b>SEAFOOD LINGUINE</b>	€21.95
Roaringwater bay mussels, gambas, chilli & garlic cream sauce, wilted spinach, parmesan. (1a,2,7,12,14)	
<b>PAN FRIED HAKE</b>	€24.00
Confit potatoes, crispy pancetta, carrot puree & pickle, samphire. (4,7,12)	
<b>8oz IRISH BEEF BURGER</b>	€24.00
Blackjack bun, streaky Irish bacon, pouring cheese, baby gem, baconnaisse, pickles, fries. (1a,3,7,10,11,12)	
<b>SIDES</b>	
Tenderstem broccoli, chilli & garlic butter (7)	€6.95
Fries with rosemary maldon sea salt	€6.95
Creamy mash (7)	€6.50
Grilled bacon	€4.95
Millbank organic oak smoked salmon (4)	€7.50
Mixed leaf & pickled vegetable salad (10,12)	€6.50

All our beef is sourced from Irish farms. Please note there will be a 10% service charge on all tables of six or more people.

If you have any allergies, please inform a member of staff. Please note, that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.

#### Allergen Information

Contains allergen:

1. Cereals containing gluten:	3. Eggs	7. Milk	8e. Macadamia	9. Celery	13. Lupin
1a. Wheat 1b. Barley	4. Fish	8. Nuts:	8f. Pecan	10. Mustard	14. Molluscs
1c. Oats 1d. Rye	5. Peanuts	8a. Hazelnuts 8b. Almonds	8g. Walnut	11. Sesame seed	
2. Crustaceans	6. Soya bean	8c. Pistachio 8d. Cashew	8h. Brazil nut	12. Sulphur dioxide & sulphites	

# LUNCH MENU

<b>DUCK LIVER PATE WITH ARMAGNAC &amp; PRUNES</b> <i>Avoca chutney, grilled sourdough. (1a,7,8c,10,12)</i>	€14.50
<b>NDUJA MUSSELS</b> <i>Roaringwater Bay mussels, nduja butter sauce, fresh plum tomatoes, grilled sourdough (1a,7,14)</i>	€16.00
<b>GOAT'S CHEESE, FIG &amp; PEAR SALAD</b> <i>St Tola Goat's cheese, pear, beetroot, fig and walnuts (7,8g,10,12)</i>	€16.95
<b>BUTTERNUT SQUASH, FETA &amp; SAGE TORTILLA</b> <i>Tahini dressing, dukkah, dressed leaves (1a,7,8d,10,11,12)</i>	€16.95
<b>CHICKEN CAPRESE CIABATTA</b> <i>Grilled Irish chicken, buffalo mozzarella, basil &amp; pine nut pesto, beef tomato, rocket, toasted ciabatta (1a,7,10,12)</i>	€16.95
<b>LAMB KOFTA</b> <i>Chickpea &amp; preserved lemon cous cous, charred pita, pomegranate, tzatziki (1a,7,10,12)</i>	€17.50
<b>PRAWN TACOS</b> <i>Marinated gambas, crushed avocado, mango &amp; jalapeno salsa, tortillas (1a,2,10,12)</i>	€18.00
<b>SEAFOOD LINGUINE</b> <i>Roaringwater bay mussels, gambas, chilli &amp; garlic cream sauce, wilted spinach, parmesan. (1a,2,7,12,14)</i>	€21.95
<b>AVOCA CRAB SALAD</b> <i>Lambay Island dressed white crab, toasted brioche, pickled fennel, pink grapefruit, apple, radish, mixed leaf. (1a,2,3,7,10,12)</i>	€24.00
<b>PAN FRIED HAKE</b> <i>Confit potatoes, crispy pancetta, carrot puree &amp; pickle, samphire (4,7,12)</i>	€24.00
<b>8oz IRISH BEEF BURGER</b> <i>Blackjack bun, streaky Irish bacon, pouring cheese, baby gem, baconnaisse, pickles, fries (1a,3,7,10,11)</i>	€24.00

## SIDES

Tenderstem broccoli, chilli & garlic butter (7)	€6.95
Fries with rosemary maldon sea salt	€6.95
Creamy mash (7)	€6.50
Mixed leaf & pickled vegetable salad (10,12)	€6.50

All our beef is sourced from Irish farms. Please note there will be a 10% service charge on all tables of six or more people.

If you have any allergies, please inform a member of staff. Please note, that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.

### Allergen Information

Contains allergen:

1. Cereals containing gluten:	3. Eggs	7. Milk	8e. Macadamia	9. Celery	13. Lupin
1a. Wheat 1b. Barley	4. Fish	8. Nuts:	8f. Pecan	10. Mustard	14. Molluscs
1c. Oats 1d. Rye	5. Peanuts	8a. Hazelnuts 8b. Almonds	8g. Walnut	11. Sesame seed	
2. Crustaceans	6. Soya bean	8c. Pistachio 8d. Cashew	8h. Brazil nut	12. Sulphur dioxide & sulphites	

**SALT**

11A THE CRESCENT  
MONKSTOWN  
Co DUBLIN

€9.35

# KIDS MENU

SWEET DRINK MAINS

Kids porridge with fresh fruits

OR

Kids plain pancakes with Nutella or maple syrup

OR

Kids mini breakfast

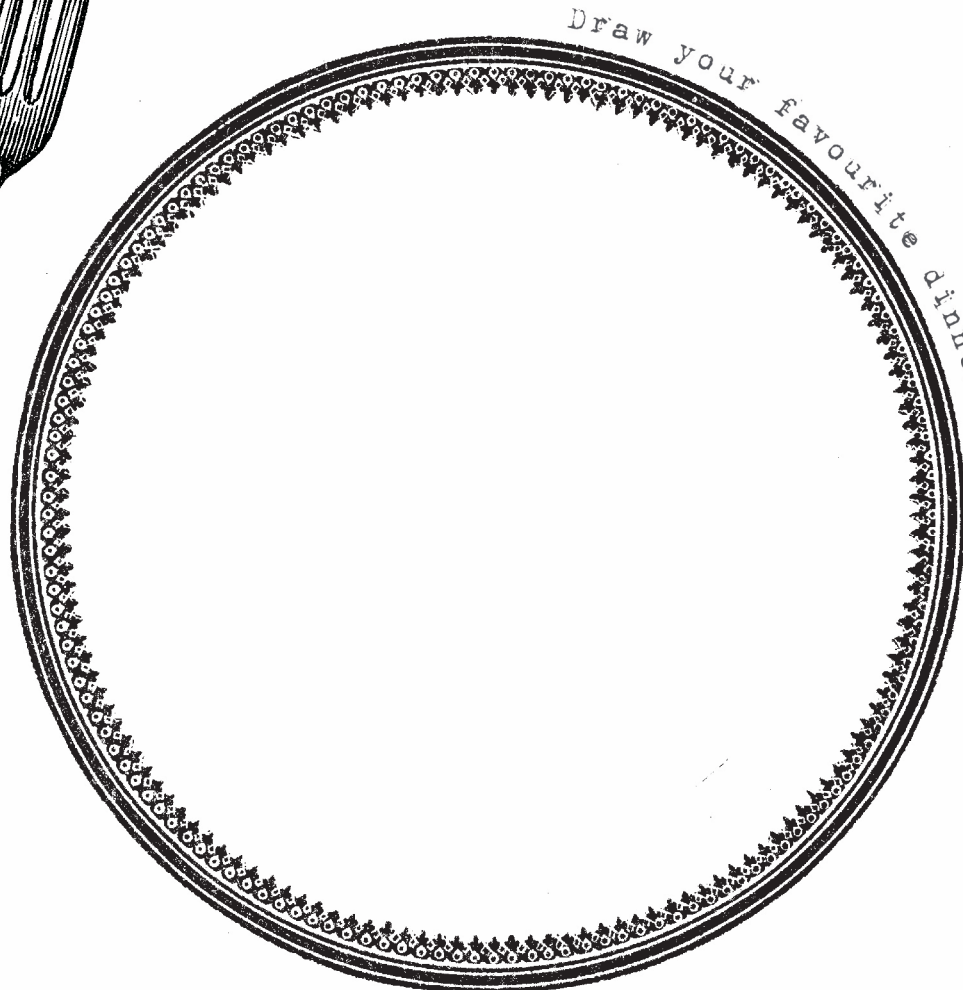
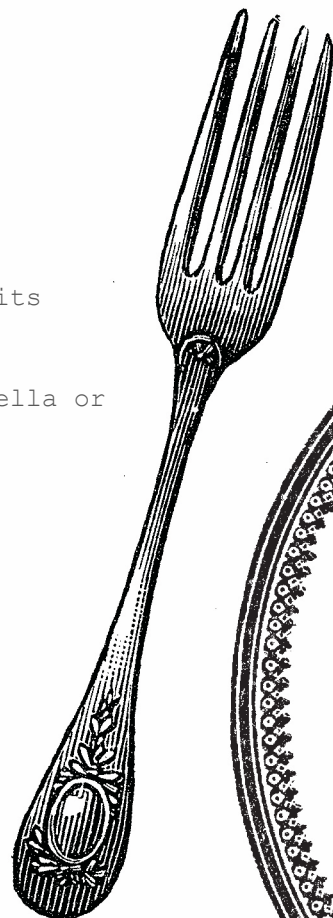
Kid s Juices

OR

Kid s Smoothies

Or

Milk



what is it?

Dear Customer, we have taken every care to inform you of the allergens in our food. Our allergen booklet is on display for you to review. If you or any of your guests have a food allergy or dietary restriction please speak to your server and our chefs will be happy to accommodate your needs as best they can.

Please note that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.

€11.95

# KIDS MENU

SWEET DRINK MAINS

Avoca Beef Bolognese with pasta and parmesan cheese

OR

Chicken goujon with chips or mash

OR

Sausages with chips or mash

OR

Kids cheese burger & fries

Or

Kids plain pancakes with Nutella or maple syrup

Kid s Juices

OR

Kid s Smoothies

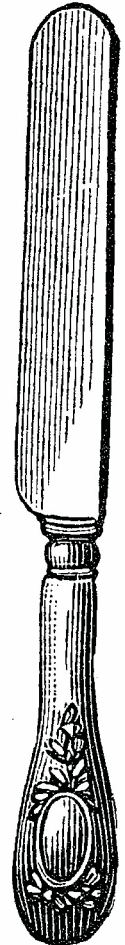
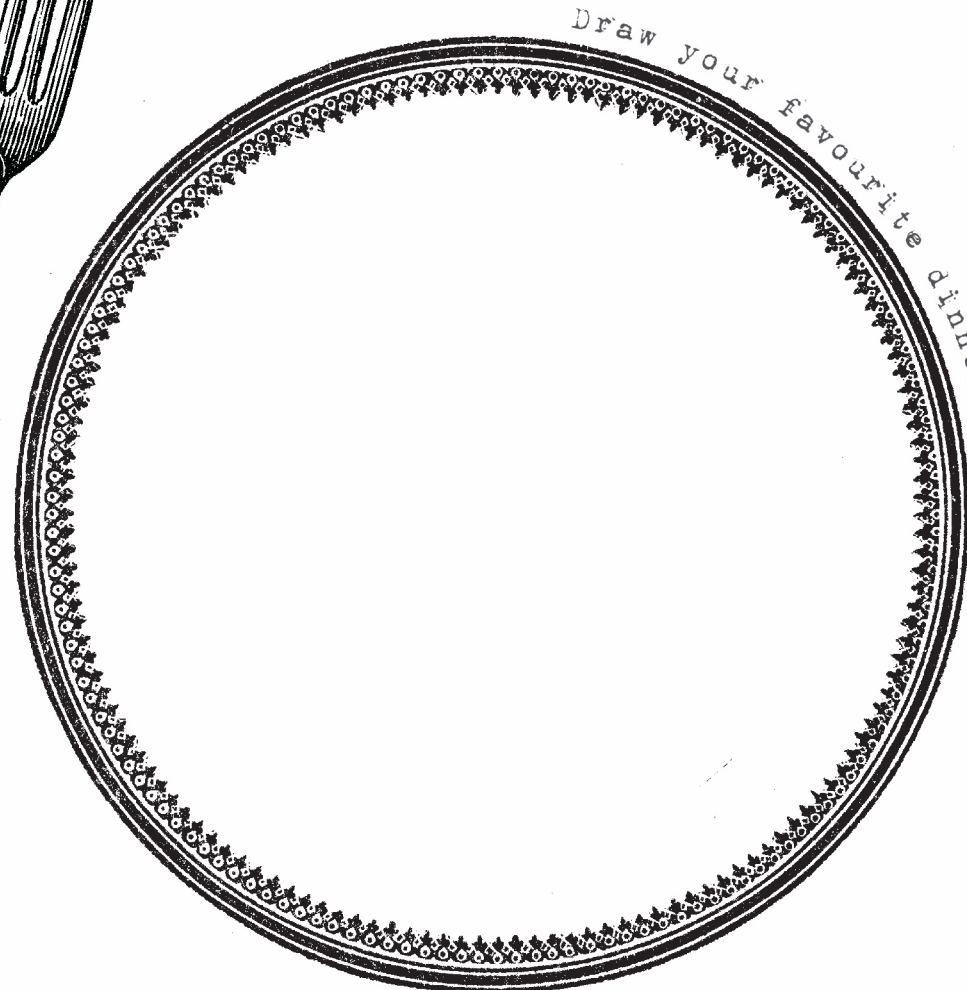
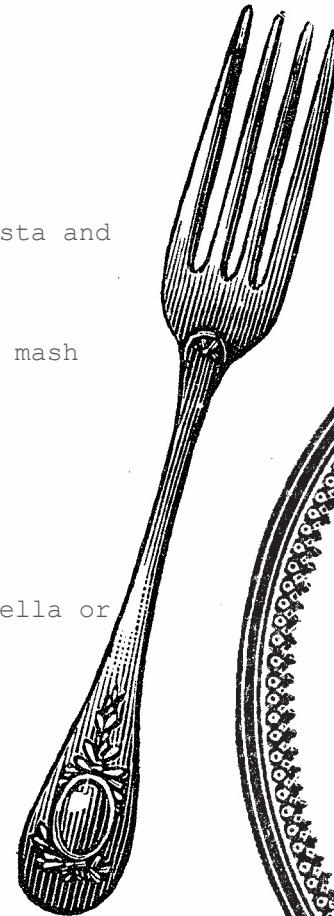
Or

Milk

Chocolate Chip Cookie

OR

Smarties Cookie



what is it?

Dear Customer, we have taken every care to inform you of the allergens in our food. Our allergen booklet is on display for you to review. If you or any of your guests have a food allergy or dietary restriction please speak to your server and our chefs will be happy to accommodate your needs as best they can.

Please note that while we take every care to notify you of the allergen ingredients present in our food, due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in the kitchen environment and surroundings.